



Healthy Living Collaborative of Southwest Washington
Working together, to make living better - for everyone.

Caitlin Hill
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Healthy Living Collaborative (HLC)

At a glance:

Organization: HLC brings together partners from all sectors to combine resources that strengthen families, neighborhoods and systems to ensure health equity.

Services: Focuses on community based engagement and prevention, infrastructure for collective impact and health into all policies and services.

Location: Southwest Washington

For more insight: Email Caitlin Hill at caitlin@hlcsww.org



Success Story

DIABETES NETWORK LEADERSHIP TEAM

A partnership between Healthy Living Collaborative and the Department of Health allowed a Community Health Worker to help nearly 40 community members learn about accurate blood pressure measurement.

BACKGROUND Healthy Living Collaborative requested in-person blood pressure trainings from the DOH for their regional community health workers and peer support specialists. **Dan Tchozewski**, pictured right, is a community health worker with HLC and attended one of these trainings. **He used the knowledge gained to help nearly 40 community members accurately measure their blood pressure** at various county fairs. Dan serves his community in many other ways, with one example being his efforts of keeping recycle sites clean.

LOOKING FORWARD Other community health workers with the Healthy Living Collaborative volunteer their time during church programs and house parties. Here, community members are able to learn about monitoring their own blood pressure in relaxed environments. HLC foresees this outreach to continue with many of their community health workers.

For your success story to be featured, please complete the [Success Story Submission Form](#).



"I have experienced inner growth and self-awareness and better insight into racial and cultural diversity from this role... and I hope, more empathy and humility."

Dan Tchozewski
Community Health Worker
Healthy Living Collaborative

