

# WASHINGTON STATE DIABETES PREVENTION PROGRAM ACTION PLAN

*Increasing Coverage and  
Access by June 2018*

*Progress Update: September 2017*

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# MEDICARE

**Long term Priority:** As of July 2016, Medicare does not cover DPP. In January 2018, coverage is expected to begin. Increase availability of DPP to Medicare enrollees and sustainability of DPP programs that serve Medicare enrollees

## 1. DPP & MEDICARE RULE AWARENESS

Inform stakeholders of public comment period

DOH read and comprehend final rule

DOH disseminate final rule to partners

Provide continuous updates on Medicare rule and implementation

## 2. DPP LOCATIONS INVENTORY

Develop inventory list of all WA DPP locations

Vet list with partners and other sources

Post list on Connection

Create maintenance schedule to keep list up to date

## 3. ASSESS DPP LOCATIONS' NEEDS/BARRIERS TO BILLING MEDICARE

Develop communications plan for reaching out to DPP sites

Develop needs assessment

Issue needs assessment to DPP locations

Evaluate needs assessment results

Report results to DNLT

## 4. DEVELOP & IMPLEMENT PLAN TO ADDRESS NEEDS/BARRIERS OF DPP LOCATIONS

Develop action plan based on evaluation results from needs assessment

Convene sub-committee to implement action plan

Develop education about billing codes for DPP sites

Track # of DPP sites billing to Medicare, and report progress to DNLT

## 5. DEVELOP DATA COLLECTION SYSTEM TO IDENTIFY MEDICARE COVERED PATIENTS WHO ARE PARTICIPATING AND ARE BILLING FOR A DPP

Identify data system for collecting DPP data

Verify feasibility and commitment to implementing system

Set up process for implementing system

## 6. FUND 1 OR 2 CASE STUDIES OF EXISTING DPP PROGRAMS TO TEST AND EVALUATE THE PROCESS OF BILLING TO MEDICARE

*\*Changes to Medicare coverage at the federal level have changed the need for this action item. We will revisit it in the future, if necessary. As rules and resources become available, we will disseminate them through our networks.*

## 7. DOH, ALTA, QUALIS COLLABORATE TO EXPLORE HOW DPP SITES ACCESS MEDICARE AS A FUNDING STREAM

Develop plan to recruit dual eligible Health Homes enrollees for DPP

Work with PEBB to communicate about DPP with PEBB Medicare Enrollees

Develop process to reach all enrollees, not just those who are easiest to reach

# UNDER/UNINSURED

*Long term Priority: Increase coverage of DPP among Private and Public payers*

## 1. IDENTIFY ORAGNIZATIONS ABLE TO OFFER DPP

Develop method for reaching out to organizations

Add question to DPP Assessment Survey about how participants pay for the program

Reach out to programs (including those who did not respond to survey) to identify which locations can offer the program to under/uninsured

## 2. IDENTIFY ELIGIBLE PARTICIPANT POPULATION

Partner with DPP site locations from action item #1, who can reach out to eligible participants

Identify criteria for eligible participation

Develop communications plan and education/marketing materials for marketing to participants

## 3. CREATE & IMPLEMENT DELIVERY SYSTEM TO ENSURE SUSUCCESSFUL COMPLETION OF DPP

Complete action items #1 and #2 above

Work with DPP site(s) to identify barriers to participant completion

Develop action plan to address barriers to participant completion

Implement and regularly evaluate action plan

Partner with DPP sites to track under/uninsured enrollment and completion

## 4. IDENTIFY FUNDING TO COVER COSTS FOR PROGRAM PARTICIPATION

Build proposal budget, including anticipated number of participants

Draft proposal for funds

Identify 3-4 potential funding sources

Submit proposal and budget to potential funders

Discuss scholarships with WSU

## 5. DEVELOP MECHANISM FOR DISTRIBUTING COVERED PROGRAM COSTS TO PRIORITY POPULATIONS

Identify other states who offer DPP for people who are un/underinsured

Discuss other states' methods of covering program costs

## 6. DEVELOP A COMMUNICATIONS AND MARKETING PLAN TAILORED TO SPECIFIC FUNDERS

Research and identify plans that already exist

Connect with health systems about covering their own DPPs

## 7. BUILD AN ALLIANCE OF FUNDERS

Explore funding opportunity through Qualis for 1705 Grant

Identify interested parties

# MEDICAID

**Long Term Priority:** Increase coverage of DPP among Apple Health (Medicaid) payers

## 1. EDUCATE ABOUT AND PROMOTE DPP TO ORGANIZATIONS

DNLT write letter to Healthier WA Executive Leadership Team

DNLT develop letter for ACHs & other target audiences

Identify best way(s) to inform ACHs about DPP

Recruit, and track # of new ACHs to participate on DNLT

## 2. DEVELOP FACT SHEET TO PROMOTE DPP AND EDUCATE TARGET AUDIENCES

Identify target audience for fact sheet

Gather clinical evidence, economic benefits, high need areas

Use DPP inventory list to link to or reference

Develop fact sheet

DNLT and appropriate partners review

Develop plan for dissemination

Publish fact sheet, post online, print copies

Disseminate to target audience

Track and report dissemination efforts to DNLT

## 3. IDENTIFY ROUTES OF COMMUNICATING WITH MANAGED CARE ORGANIZATIONS

DOH connect with Carri Comer and participate on HSTI workgroup

Identify how DOH can leverage HCA communication methods

DNLT develop letter to MCOs about Prediabetes in WA and DPP effectiveness

Document and report confirmed communication routes to DNLT

Increase # of MCO representatives on DNLT

## 4. DOH AND HCA EXAMINE FUNDING OPPORTUNITIES

DOH participate in Virtual Learning Community around DPP implementation in other states Medicaid

DOH partner with HCA to develop list of available funding opportunities

## 5. DETERMINE PARAMETERS OF THE 1115 WAIVER DEMONSTRATION PROJECTS

*\*This action step is no longer happening because the parameters of the 1115 waiver do not include DPP as an option that ACH's could choose to focus on.*

# EMPLOYER-BASED INSURANCE (PUBLIC AND PRIVATE)

**Long term Priority:** Make the DPP available to populations at the highest risk of developing type 2 diabetes who are unable to access the program through health insurance.

## 1. IDENTIFY SELF-INSURED EMPLOYERS

Develop list of self-insured employers

Share list with DNLTEmployer Workgroup

## 2. PRIORITIZE TO 25 SELF-INSURED EMPLOYERS FOR OUTREACH

Identify criteria for prioritizing employers

Develop list of 25 employers, based on criteria

Share list with DNLTEmployer Workgroup

## 3. PARTNER WITH LEAVITT PARTNERS TO INTERVIEW 6 OF THE 25 EMPLOYERS

Develop self-insured employer interview questions

Implement interviews

Compile and evaluate interview results

Share interview results with DNLTEmployer Workgroup

Apply coordination strategy from action item #4 to reach out to remaining 19 employers

Share Leavitt Partners' communication and outreach strategy with DNLTEmployer Workgroup

## 4. DEVELOP COORDINATION STRATEGY FOR EMPLOYER OUTREACH

Apply outreach strategy from action item #3 to remaining 19 employers

Determine who contacts whom

Inventory current education publications/resources

Decide on which education materials and resources team will use

Develop any additional educational materials necessary

Outline how efforts will be tracked and reported to DNLTEmployer Workgroup

## 5. DEVELOP COMMUNICATIONS PLAN FOR EMPLOYER OUTREACH

Identify when remaining 19 employers will be messaged to, and how

Develop messages to be used, either via phone, email, social media, etc

## 6. IMPLEMENT COMMUNICATIONS PLAN FOR EMPLOYER OUTREACH

Track employers who were reached out to

Track which employers choose to offer DPP as a benefit, and/or offer it at the worksite

Report outcomes to DNLTEmployer Workgroup, and address any gaps or changes needed in communication efforts