WASHINGTON STATE DIABETES PREVENTION PROGRAM ACTION PLAN

Increasing Coverage and Access by June 2018

Progress Update: September 2017
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MEDICARE

Long term Priority: As of July 2016, Medicare does not cover DPP. In January 2018, coverage is expected to begin. Increase availability of DPP to Medicare enrollees and sustainability of DPP programs that serve Medicare enrollees

1. DPP & MEDICARE RULE AWARENESS

- Inform stakeholders of public comment period
- DOH read and comprehend final rule
- DOH disseminate final rule to partners
- Provide continuous updates on Medicare rule and implementation

2. DPP LOCATIONS INVENTORY

- Develop inventory list of all WA DPP locations
- Vet list with partners and other sources
- Post list on Connection
- Create maintenance schedule to keep list up to date

3. ASSESS DPP LOCATIONS’ NEEDS/BARRIERS TO BILLING MEDICARE

- Develop communications plan for reaching out to DPP sites
- Develop needs assessment
- Issue needs assessment to DPP locations
- Evaluate needs assessment results
- Report results to DNLT

4. DEVELOP & IMPLEMENT PLAN TO ADDRESS NEEDS/BARRIERS OF DPP LOCATIONS

- Develop action plan based on evaluation results from needs assessment
- Convene sub-committee to implement action plan
- Develop education about billing codes for DPP sites
- Track # of DPP sites billing to Medicare, and report progress to DNLT

5. DEVELOP DATA COLLECTION SYSTEM TO IDENTIFY MEDICARE COVERED PATIENTS WHO ARE PARTICIPATING AND ARE BILLING FOR A DPP

- Identify data system for collecting DPP data
- Verify feasibility and commitment to implementing system
- Set up process for implementing system

6. FUND 1 OR 2 CASE STUDIES OF EXISTING DPP PROGRAMS TO TEST AND EVALUATE THE PROCESS OF BILLING TO MEDICARE

*Changes to Medicare coverage at the federal level have changed the need for this action item. We will revisit it in the future, if necessary. As rules and resources become available, we will disseminate them through our networks.

7. DOH, ALTSA, QUALIS COLLABORATE TO EXPLORE HOW DPP SITES ACCESS MEDICARE AS A FUNDING STREAM

- Develop plan to recruit dual eligible Health Homes enrollees for DPP
- Work with PEBB to communicate about DPP with PEBB Medicare Enrollees
- Develop process to reach all enrollees, not just those who are easiest to reach
1. **IDENTIFY ORGANIZATIONS ABLE TO OFFER DPP**

   - Develop method for reaching out to organizations
   - Add question to DPP Assessment Survey about how participants pay for the program
   - Reach out to programs (including those who did not respond to survey) to identify which locations can offer the program to under/uninsured

2. **IDENTIFY ELIGIBLE PARTICIPANT POPULATION**

   - Partner with DPP site locations from action item #1, who can reach out to eligible participants
   - Identify criteria for eligible participation
   - Develop communications plan and education/marketing materials for marketing to participants

3. **CREATE & IMPLEMENT DELIVERY SYSTEM TO ENSURE SUCCESSFUL COMPLETION OF DPP**

   - Complete action items #1 and #2 above
   - Work with DPP site(s) to identify barriers to participant completion
   - Develop action plan to address barriers to participant completion
   - Implement and regularly evaluate action plan
   - Partner with DPP sites to track under/uninsured enrollment and completion

4. **IDENTIFY FUNDING TO COVER COSTS FOR PROGRAM PARTICIPATION**

   - Build proposal budget, including anticipated number of participants
   - Draft proposal for funds
   - Identify 3-4 potential funding sources
   - Submit proposal and budget to potential funders
   - Discuss scholarships with WSU

5. **DEVELOP MECHANISM FOR DISTRIBUTING COVERED PROGRAM COSTS TO PRIORITY POPULATIONS**

   - Identify other states who offer DPP for people who are un/underinsured
   - Discuss other states’ methods of covering program costs

6. **DEVELOP A COMMUNICATIONS AND MARKETING PLAN TAILORED TO SPECIFIC FUNDERS**

   - Research and identify plans that already exist
   - Connect with health systems about covering their own DPPs

7. **BUILD AN ALLIANCE OF FUNDERS**

   - Explore funding opportunity through Qualis for 1705 Grant
   - Identify interested parties

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**Long-term Priority:** Increase coverage of DPP among Private and Public Payers
1. EDUCATE ABOUT AND PROMOTE DPP TO ORGANIZATIONS

- DNLT write letter to Healthier WA Executive Leadership Team
- DNLT develop letter for ACHs & other target audiences
- Identify best way(s) to inform ACHs about DPP
- Recruit, and track # of new ACHs to participate on DNLT

2. DEVELOP FACT SHEET TO PROMOTE DPP AND EDUCATE TARGET AUDIENCES

- Identify target audience for fact sheet
- Gather clinical evidence, economic benefits, high need areas
- Use DPP inventory list to link to or reference
- Develop fact sheet
- DNLT and appropriate partners review
- Develop plan for dissemination
- Publish fact sheet, post online, print copies
- Disseminate to target audience
- Track and report dissemination efforts to DNLT

3. IDENTIFY ROUTES OF COMMUNICATING WITH MANAGED CARE ORGANIZATIONS

- DOH connect with Carri Comer and participate on HSTI workgroup
- Identify how DOH can leverage HCA communication methods
- DNLT develop letter to MCOs about Prediabetes in WA and DPP effectiveness
- Document and report confirmed communication routes to DNLT
- Increase # of MCO representatives on DNLT

4. DOH AND HCA EXAMINE FUNDING OPPORTUNITIES

- DOH participate in Virtual Learning Community around DPP implementation in other states Medicaid
- DOH partner with HCA to develop list of available funding opportunities

5. DETERMINE PARAMETERS OF THE 1115 WAIVER DEMONSTRATION PROJECTS

*This action step is no longer happening because the parameters of the 1115 waiver do not include DPP as an option that ACH’s could choose to focus on.*
EMPLOYER-BASED INSURANCE (PUBLIC AND PRIVATE)

*Long term Priority:* Make the DPP available to populations at the highest risk of developing type 2 diabetes who are unable to access the program through health insurance.

### 1. IDENTIFY SELF-INSURED EMPLOYERS

- Develop list of self-insured employers
- Share list with DNLT Employer Workgroup

### 2. PRIORITIZE TO 25 SELF-INSURED EMPLOYERS FOR OUTREACH

- Identify criteria for prioritizing employers
- Develop list of 25 employers, based on criteria
- Share list with DNLT Employer Workgroup

### 3. PARTNER WITH LEAVITT PARTNERS TO INTERVIEW 6 OF THE 25 EMPLOYERS

- Develop self-insured employer interview questions
- Implement interviews
- Compile and evaluate interview results
- Share interview results with DNLT

- Apply coordination strategy from action item #4 to reach out to remaining 19 employers
- Share Leavitt Partners’ communication and outreach strategy with DNLT

### 4. DEVELOP COORDINATION STRATEGY FOR EMPLOYER OUTREACH

- Apply outreach strategy from action item #3 to remaining 19 employers
- Determine who contacts whom
- Inventory current education publications/resources
- Decide on which education materials and resources team will use

- Develop any additional educational materials necessary
- Outline how efforts will be tracked and reported to DNLT

### 5. DEVELOP COMMUNICATIONS PLAN FOR EMPLOYER OUTREACH

- Identify when remaining 19 employers will be messaged to, and how
- Develop messages to be used, either via phone, email, social media, etc

### 6. IMPLEMENT COMMUNICATIONS PLAN FOR EMPLOYER OUTREACH

- Track employers who were reached out to
- Track which employers choose to offer DPP as a benefit, and/or offer it at the worksite
- Report outcomes to DNLT, and address any gaps or changes needed in communication efforts