

VCDPE

Recorded Webinars:

1. ***Using Telehealth and Technology to Enhance your National DPP*** (1 hour). Recorded March 6, 2020. A more thorough presentation of using telehealth for delivering the National DPP lifestyle change program. It includes necessary definitions to understand telehealth, evidence behind distance learning for National DPP and weight loss, many examples of how your organization can use telehealth to deliver the lifestyle change program, and the primary considerations before you set up distance learning. Presented by two distance learning National DPP providers.
2. ***Going the Distance... Quick Tips and Practical Considerations when Transitioning your In-person National DPP to Distance Learning during COVID-19*** (26 minutes). Recorded March 19, 2020. This webinar provides need-to-know information to transition your lifestyle change program to a distance learning delivery mode. This is a practical, no nonsense, “get it done” webinar, presented by an experienced professional within the world of National DPP and distance learning.
3. ***What’s the difference? Online vs. Distance Learning of the National DPP*** (6 minutes). This is a short, to the point, webinar explaining the difference between online vs. distance learning delivery methods.

Quick Tips:

- ***Delivery Tips for Distance Learning of the National DPP.*** 3-page tip sheet providing best practices for distance learning. Includes a link to a must-see 20-minute video on Telehealth Etiquette.

PowerPoint Slide decks of Prevent T2 for Distance Learning:

- Twenty-six (26) PowerPoint slide decks aligned to deliver the Prevent T2 curriculum. The slide decks provide a simplified, clear, and structured resource to navigate each class session when using distance learning. Slide deck is unbranded, contains open-ended questions, images, and information pertaining to the given session topic. Feel free to get creative, and add your own activities, questions, images, and facilitation techniques!

Go to <https://med.virginia.edu/vcdpe/educational-resources/tele-education-videos/> to access these great resources.