

## **DTTAC**

### **Live Webinar:**

- **FREE DTTAC Dialogue: *Going the Distance*. Tuesday, March 24<sup>th</sup> from 1:00pm – 2:30pm ET.** Lifestyle Coaches will hear tips for effectively facilitating groups using distance learning platforms. Lifestyle Coach panelists with experience in this mode of delivery will share their lessons learned. DTTAC hopes to “see” you there! Register [here](#) for the free webinar.

### **Tip Sheets:**

- If you are new to facilitating groups virtually, ***Technology Tips for Virtual Facilitation of National DPP Sessions*** and ***Distance Learning Tips for National DPP Sessions*** provide tools and techniques to help you practice.
- **Promoting Lifestyle Change from Home.** Making changes during stressful and uncertain times is hard. Many participants - even Lifestyle Coaches - may find themselves working from home or staying home more in the coming weeks and month(s). As a result, it is important that Lifestyle Coaches offer support and opportunities for problem solving for participants. This tip sheet provides information to help us all throughout this challenging time.

### **Additional Resources, Webinars, and Ongoing Support:**

- To access the above resources and much, much more, visit the [March issue](#) of *Common Ground News*, or [sign up](#) for the DTTAC-hosted *Common Ground*, an online learning community for Lifestyle Coaches who are delivering the National DPP lifestyle change program.

