

KEY MESSAGES - CATEGORY #2

Diabetes screening = Prevention

Optional Hashtags: #WDDWashington #WorldDiabetesday #PreventDiabetes
#DiabetesScreening #Type1DM #Type2DM #GestationalDiabetes

1. If type 2 diabetes runs in your family, take a minute to complete the Type 2 Diabetes Risk Test and learn about risk factors and steps to reduce your chances of developing #type2DM. #WDDWashington #WoldDiabetesDay

www.diabetes.org/risk-test

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2. Do you have a family history of type 1 diabetes? Family members of people with #T1D are 15x more likely to develop the disease. Learn more about at www.mayoclinic.org/diseases-conditions/type-1-diabetes/symptoms-causes/syc-20353011 #WDDWashington

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3. Gestational diabetes affects as many as 7% of women during pregnancy. The @amdiabetesassn recommends all pregnant women without #diabetes be screened between the 24th and 28th week. Learn more at www.cdc.gov/diabetes/basics/gestational.html #WDDWashington

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4. Almost 2 million people have prediabetes in Washington. Are you one of them? Check your risk! cdc.gov/diabetes/risktest/index.html #WDDWashington #DiabetesAwareness

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