

DNLT Newsletter

August 2018

DOH HSDSP Updates

- **Travel Assistance Deadline for September DNLT Meeting**
Please let Lanae Caulfield (Lanae.Caulfield@doh.wa.gov) know if you will need travel assistance to the September DNLT meeting in Tacoma, by **September 1, 2018**. More details on meeting location and agenda coming soon.
- **4 CDC Grants Applied for By the HSDSP Team**
The Heart Disease, Stroke, & Diabetes Prevention Team spent the last few months applying for four major grants. We expect to hear back on all of these grants in September.
 - [1813](#), Racial and Ethnic Approaches to Community Health (REACH)
 - [1815](#), Improving the Health of Americans through Prevention and Management of Diabetes and Heart Disease and Stroke
 - [1816](#), Well Integrated Screening and Evaluation for Women Across the Nation (WISEWOMAN)
 - [1817](#), Innovative State and Local Public Health Strategies to Prevent and Manage Diabetes and Heart Disease and Stroke

New Resources

- **Diabetes and Your Kidneys – A New Publication from NKC**
Northwest Kidney Centers (NKC) has produced a new diabetes card. The intended audience is people living with diabetes who do ***not*** have kidney disease. The title is “Diabetes and Your Kidneys”. The card includes tips on how to keep one’s kidneys healthy as well as questions to ask one’s doctor. This card is part of NKC’s Community Diabetes Kidney Health Initiative that aims to prevent kidney disease among people with diabetes. *The new AHA guidelines are different than what is listed on this diabetes card. Blood pressure was discussed at great length among the authoring staff, and ultimately the authors decided to keep the target at 130/180 or less for people who are living with diabetes.*

The cards are 4” wide by 9” high. This is a standard size that fits most brochure racks. The cards are printed on one sheet, two sides. Please see pdf, attached, for your reference. NKC is providing this resource free of charge. If you would like some diabetes cards mailed to you, please email Syrenka Slettebak (Syrenka.Slettebak@nwkidney.org).

- **Journal: Association of Gestational Diabetes and Type 2 Diabetes In Utero With the Development of Type 2 Diabetes in First Nations and Non-First Nations**

[This journal article](#) describes a cohort study that investigated the association of in utero exposure to gestational diabetes and type 2 diabetes, stratified by First Nation status, with the development of type 2 diabetes in offspring.

- **Putting Evidence to Work for Health – A Report**

“Our project started in 2012 to learn concrete ways in which state health departments and researchers can support staff and partners in practicing Evidence-based decision making. [This report](#) is a summary of how we worked with 12 state health departments over the last four years, what we learned, and what we recommend for action steps.”

- **Lilly Diabetes Solution Center: Helpline is Open**

“Now that the new Lilly diabetes helpline is open, you can dial 833-808-1234 between the hours of 9:00 a.m. and 8:00 p.m. eastern , Monday through Friday. Callers who need help paying for their insulin can speak to a representative about their personal circumstances and learn about the options available to them. Some of these options are being offered for the first time and can significantly lower and cap high monthly out-of-pocket costs for some people who use Lilly insulins. [Learn more.](#)”

Educational Opportunities

- **NWCPHP – Updated Evidence-Based Public Health Training**

“Northwest Center for Public Health Practice is offering an updated version of its [Evidence-Based Public Health online training series](#), with new content and options for participants. These no-cost, self-paced trainings—which can each stand alone or be taken together as a nine-part course—cover evidence-based public health practice, from assessing community needs through research and program design to program evaluation.”

- **Webinar: Addressing Disparities in Long-Term Services and Supports: Strategies for Culturally and Structurally Competent Services**

Date: Wednesday, September 12, 2018

Time: 3:00 – 4:30 PM ET

Registration: Click [here](#) to register

“Are you a clinician, quality improvement professional, patient, caregiver, or community partner? Regardless of where your life journey takes you, you or a loved one may someday need care, also called long-term services and supports (LTSS) to assist in daily living. When that time comes, you deserve to be treated with warmth, dignity, and respect and to be content, healthy, and safe no matter where you live or what your background is. Unfortunately, while nursing homes, other facilities offering LTSS, and home health services have improved over time in some aspects, disparities in the quality of care persist based on race, ethnicity, income, and even the zip code where you live. On this call, we’ll explore how Quality Improvement Organizations, clinicians, patients and residents, families, loved ones, and community partners are helping to address disparities by supporting culturally and structurally competent services in nursing homes, other facilities offering LTSS, and home and community-based services. Join us to hear from others and share your experiences!” *This activity has been approved for AMA PRA Category 1 Credit™. This activity is eligible for ACPE, ANCC, AANP, and CDR credit; see final CPE/CE activity announcement for specific details.*

- **Webinar: Healthy Aging in Oregon**

Date: Tuesday, August 28, 2018

Time: Noon – 1:00 PM PT

Registration: Click [here](#) to register

“By 2030, Oregon will have one million adults older than 65, many of whom will be living with chronic diseases. In the [August session](#) of *Hot Topics in Practice*, Kirsten Aird, MPH, shares the public health approach to engaging these older populations and other community partners in addressing health and well-being across the lifespan. In this one-hour webinar, Aird will review the rising national movement for public health agencies to focus more on adults over 65, who are the fastest growing population demographic. She will also explore how her program builds collaborations with state and community aging service partners, uses data to drive decision-making and identify health priorities, and prepares staff for working with these new population and partners.”

Job Opportunities

- **DOH – Assistant Secretary for the Division of Prevention and Community Health**

“The [Assistant Secretary](#) reports to the Chief of Staff and serves as a member of the Agency Leadership Team. The Assistant Secretary works directly with the Secretary and members of the agency executive team on high-level policy and strategic issues. They are responsible for the vision and leadership of the Prevention and Community Health Division which includes four offices, over 200 staff members, a diverse set of partners and a wide range of programs and projects to improve the health of individuals, families and communities in Washington.” This position is open until filled, and first review of applicants will take place on August 21, 2018.

- **NWCPHP – Marketing and Communications Manager**

“Northwest Center for Public Health Practice has an outstanding opportunity for a [Marketing and Communications Manager](#) to assume responsibility for content development, design, and production of a variety of print, web and other media products. The position supports and guides the overall NWCPHP communication efforts, as well as providing communications support to NWCPHP’s training, research, and evaluation activities.”