

DNLT Newsletter

November 2018

The below information can also be found on the [Diabetes Connection](#), including a [PDF archive](#) of this email.

DOH HDSDP Updates

- **World Diabetes Day Washington – November 14, 2018**
World Diabetes Day Washington (WDDWashington) is a campaign that aims to boost awareness on diabetes throughout the month of November. We hope you will join the campaign by adopting this [toolkit](#) over the next five weeks. Check out the WDDWashington Facebook and Twitter pages to see more social media messages. In addition to the social media toolkit, WDDWashington encourages you to use the international blue circle symbol that signifies the unity of the global diabetes community in response to the diabetes epidemic. For more information, please visit the [Diabetes Connection](#).
- **2019 CHW Conference: Sponsor and Exhibitor Opportunities Now Open**
The CHW Conference Planning Team is now recruiting sponsors and exhibitors for the 2019 conference. The conference will be held on April 11-12th in Wenatchee, WA. This year's theme is *You Are EPIC – Equitable, Passionate, Invested, and Collaborative*. Attached above is the exhibitor and sponsor form, which can also be found on the [CHW Conference webpage](#). For the latest news and updates, join us on [Facebook](#). We hope to see you in Wenatchee in April!!

New Resources

- **CDC's Division of Diabetes Translation Needs Your Help!**
The Centers for Disease Control and Prevention (CDC) is interested in gathering any video footage, photos, and other materials* (i.e. webpages, PDFs, and other marketing or educational materials) of the communities you serve and your work in the field. CDC wants to create a substantial section within their website that highlights how partners are working to address diabetes related health disparities. They hope to illustrate the importance of our work in the fight for health equity while also highlighting our impact within high burden communities. Here are links to a PDF and video examples that could guide you and your teams in gathering materials.
<https://www.cdc.gov/diabetes/pdfs/programs/vp-compendium.pdf>
<https://www.youtube.com/watch?v=jYr2lkB0UZc>
https://www.youtube.com/watch?v=6s6nhK4o_gU
If you have anything you would like to share, please send the materials **no later than November 16th, 2018** to Shayla Wilson at nvs9@cdc.gov.

****Please note that these materials MAY be used on the CDC's DDT website in some capacity.***

- **OSPI: New Attendance Data Tool**

The Washington State Office of Superintendent of Public Instruction (OSPI) has released [a new data tool](#) in an effort to continually improve our state's use of education data to close opportunity gaps and address issues of equity. The new tool features the ability to select more than one characteristic. For example, we can see Male Students with Disabilities compared to Female Students with Disabilities. Due to student privacy concerns, these data will not be presented at a district or school level and will only include a state level view, with a goal of shining a light onto historically hidden gaps. This is OSPI's first public display that includes detailed race and ethnicity data tied to outcomes. If you have any questions about the data tool, contact AccountabilityData@k12.wa.us.

- **NIDDK National Diabetes Month: Promoting Health After Gestational Diabetes**

This year's National Diabetes Month theme is Promoting Health After Gestational Diabetes. It is estimated that about half of women who had gestational diabetes go on to develop type 2 diabetes. That's why it's important for a woman with a history of gestational diabetes to understand her increased risk for developing type 2 diabetes in the future. The NIDDK encourages you to share important messages on this topic and has created a [National Diabetes Month toolkit](#). An informational flyer, sample social media messages, and downloadable content are available online, at no cost. Feel free to use these materials in your community outreach efforts. Thanks in advance for sharing important information about staying healthy after gestational diabetes!

- **National Diabetes Month: Tools from the American Diabetes Association**

In honor of National Diabetes Month, the American Diabetes Association (ADA) wanted to remind partners that the ADA has fact sheets (including a [Myth Busters](#) one!), images, and other resources for National Diabetes Month [here](#). They also have some great new videos on their [website](#) centered on our 2018 theme of Everyday Reality.

- **National DPP Customer Service Center Now Live**

To increase CDC's support for the National DPP community, we are excited to announce that the National DPP Customer Service Center (CSC) is now live at NationalDPPCSC.cdc.gov. The National DPP CSC is an interactive online resource for organizations who deliver, promote, partner with, refer to, and cover the lifestyle change program, and serves as a hub for National DPP resources and technical assistance. We encourage you to [register with the National DPP CSC](#) and use it to:

- Find resources and events (CDC guidance materials, FAQs, toolkits, training videos, webinars, etc.)
- Discuss opportunities and challenges with the National DPP community
- Engage with subject matter experts for technical assistance through the CSC
- Submit success stories and feedback on your experience to the CSC

- ***Healthy School, Healthy Staff, Healthy Students: A Guide to Improving School Employee Wellness***

The National Association of Chronic Disease Directors has released [Healthy School, Healthy Staff, Healthy Students: A Guide to Improving School Employee Wellness](#), a new resource to assist

school districts and schools in establishing or enhancing an employee wellness initiative. Evidence-based school employee wellness programs have the potential to increase employee productivity and performance, improve the health of both staff and students, and support student academic success. Developed with funding from the Centers for Disease Control and Prevention, the guide provides a step-by-step process that districts and schools can use to develop an employee wellness initiative that fits their unique needs. It includes worksheets, templates, and resources as well as real-world examples from school districts that have successfully worked to improve employee wellness.

- **New NACDD Website**

National Association of Chronic Disease Directors kicked off the Association's year-long celebration of its 30th anniversary today with the launch of the Association's new digital home at chronicdisease.org. The new website offers state, tribal, and territorial chronic disease program staff targeted resources, practical guidance, and tools as well as networking and thought-leadership opportunities.

New features include:

- Detailed information about NACDD [programs and councils](#) including [diabetes](#), [health equity](#), [health promotion](#), and more.
- Opportunities to read the database of [success stories](#) on chronic disease programs and activities.
- NACDD's [Publications Library](#).
- The most comprehensive listing of [chronic disease training events](#) available on the web.

- **Current Medicare Coverage of Diabetes Supplies**

[This article](#) presents a current overview of the diabetes supplies covered by Medicare (Part B and Part D) to assist physicians, providers, suppliers, and other health care professionals who provide diabetic supplies to Medicare beneficiaries.

- ***Unhealthy and Unprepared***

Mission: Readiness has released the new report [Unhealthy and Unprepared](#), "which shows how childhood obesity is perpetuating our military's recruitment crisis and how our national security depends on encouraging healthy lifestyles from an early age," and "discusses how focusing on nutrition and physical activity from a young age can help children grow up to be healthy and prepared for any career that they choose."

- ***The State of Obesity 2018: Better Policies for a Healthier America***

Trust for America's Health new report [The State of Obesity 2018: Better Policies for a Healthier America](#) highlights the latest obesity trends as well as strategies, policies, programs, and practices that can reverse the epidemic. Visit stateofobesity.org for interactive and state-specific information.

- **Improve Diabetes Care and Outcomes while Lowering Costs and Generating Revenue**

The CMS Quality Improvement Organization Program has contracted reimbursement expert, Mary Ann Hodorowicz, to offer [FREE individualized technical assistance](#) to health agencies. Mary Ann can help your practice successfully operationalize your diabetes programs so you can generate revenue and improve clinical and behavioral outcomes of persons with diabetes. She also offers individualized consulting and time-saving turnkey materials for obtaining recognition

from the American Diabetes Association or accreditation by the American Association of Diabetes Educators, a pre-requisite for reimbursement.

- **CDC Seeking Nominations for Rapid Evaluation of Lifestyle Interventions Focused on Cardiovascular Disease Management**

The Division for Heart Disease and Stroke Prevention is in the process of identifying and evaluating three evidence-based lifestyle interventions for controlling high blood pressure and preventing cardiovascular disease. They're interested in identifying programs in the field that show promise, but have not yet undergone a comprehensive evaluation focusing on lifestyle changes. To expand their search for these programs they could use your help! We recognize that the programs you partner with may be working in this area and would benefit from undergoing an evaluation conducted by CDC. Please consider distributing the [flyer](#) widely to contacts and programs in your network and also nominating innovative programs. The **deadline for nominations is November 9th** and should be sent to [Ashlea Zimmerman](#).

- **Northwest Kidney Centers: Holiday Eating and Holiday Recipes for People with Diabetes**

The Northwest Kidney Centers now has two new fact sheets available on their [diabetes resources page](#). The [Holiday Eating](#) fact sheet has tips for celebrating with family and friends while keeping yourself healthy and happy. Try recipes for Wild Rice Stuffing and Pumpkin Chiffon Pie. The [Holiday Recipes](#) fact sheet helps readers learn how to buy the best turkey and keep it moist while cooking.

Educational Opportunities

- **CE Activity for School Nurses: The Care Coordination for Students with Diabetes**

[This program](#) will enable the learner to identify and apply the practice components of Care Coordination outlined in NASN's Framework for 21st Century School Nursing Practice™ to effectively and efficiently provide evidence-based care for students with diabetes in school. Florida Department of Education staff will demonstrate how a coordinated state approach to school nursing practice supports the health and academic success of students with diabetes.

- **American Diabetes Association Workshop: How to Stop Diabetes through Advocacy**

Date: November 14, 2019

Time: 6:30-8:30 PM

Location: Benaroya Research Institute auditorium, 1201 9th Ave, Seattle, WA 98101

Registration: [here](#)

The ADA is hosting an advocacy workshop about the rising cost of insulin on Wednesday, November 14 from 6:30-8:30 PM at Benaroya Research Institute. This free event will cover: a) Learn how to stand up for affordable insulin; b) How to help get federal and state laws passed; c) How to have successful meetings with elected officials; d) Diabetes issues in our state; e) How to raise your voice and empower others to do the same to stop diabetes. The event is free and open to the public.

Job Opportunities

- **Trust for America's Health – Social Strategy and Web Publishing Manager**

TFAH is hiring for a [Social Strategy and Web Publishing Manager](#) to work with the Director of Strategic Communications and Policy Research to plan, execute, monitor, measure and continually improve TFAH's use of social media and its website to advance the organization's mission. Responsibilities include creating and executing weekly and special event social content calendars and marketing plans via both organic and paid media reach. This position will monitor TFAH's social media feeds (primarily Twitter) and collect site analytics to measure campaign impact and create reports. In addition, the incumbent will be the content manager for TFAH's website.