

DNLT Newsletter

October 2018

The below information can also be found on the [Diabetes Connection](#), including a [PDF archive of this email](#).

DOH HDSDP Updates

- **2019 CHW Conference: Sponsor and Exhibitor Opportunities Open Oct 15**
The CHW Conference Planning Team will begin recruiting sponsors and exhibitors on October 15. The 2019 Conference will be held on April 11-12th in Wenatchee, WA. This year's theme is *You Are EPIC – Equitable, Passionate, Invested, and Collaborative*. Check the [CHW Conference webpage](#) for more details. For the latest news and updates, join us on [Facebook](#).

Kudos

- **Virginia Mason Memorial Hospital and WSU Extension Clark County now fully recognized CDC DPP**
Virginia Mason Memorial Hospital in Yakima, and **WSU Extension Clark County** have achieved full DPP recognition and this is now listed on [CDC's National DPP Registry](#)! This brings the number of fully recognized DPP providers in Washington State to six, which is a major milestone. Congratulations to all our recognized organizations!
- **Seattle-King County Public Health Department One of 31 Awardees to Receive CDC REACH Grant**
Seattle-King County Public Health is one of 31 awardees to receive the [CDC Racial and Ethnic Approaches to Community Health \(REACH\) grant](#). Through this grant, they will make healthy food more affordable and accessible; promote breastfeeding in workplaces and expand culturally appropriate breastfeeding services; help build capacity for bike, pedestrian, and transit projects; and work with pharmacists, community health workers, and other community-based organizations to strengthen referral patterns to culturally appropriate clinical and preventive care. Congratulations to our partners in King County!

New Resources

- **Guide for Communicating Chronic Health Condition Management Achievements**
The National Association of Chronic Disease Directors has released a new resource to assist school districts and schools in promoting their school health achievements. [Sharing Success: A Step-by-Step Guide for Communicating School Health Achievements](#) outlines principles for creating compelling messages and provides real-world examples, a communications planning worksheet, and multiple additional resources. The guide, developed with funding from the Centers for Disease Control and Prevention, aims to help busy school professionals build support

for healthy schools by sharing accomplishments related to school nutrition, physical education and physical activity, and chronic health condition management.

- **National Diabetes Prevention Program State Engagement Model: Collective Impact Report**
A new [collective impact report on the National Diabetes Prevention Program State Engagement Model](#) highlights Washington and its Diabetes Network Leadership Team’s role in advancing adoption of the Diabetes Prevention Program. The process that engaged Washington State partners and lead by the DNLTL helped “expand availability of CDC-recognized organizations from 20 in July 2016, to 31 as of January 2018, and to increase the number of enrollees from 5,357 in July 2016 to 9,164 as of October 2017.” We extend congratulations to the organizations that participate in DNLTL and the representatives from these organizations who worked tirelessly to implement the WA DPP Action Plan that emerged from Washington’s State Engagement Meeting in June 2016.
- **High Blood Sugar During Pregnancy Ups Risk of Mother’s Type 2 Diabetes, Child’s Obesity**
A [new article from the National Institutes of Health](#): Mothers with elevated blood glucose during pregnancy – even if not high enough to meet the traditional definition of gestational diabetes – were significantly more likely to have developed type 2 diabetes a decade after pregnancy than their counterparts without high blood glucose.
- **Updated Guide for Sisters Together: Move More, Eat Better Program**
More than 1 in 3 U.S. adults and more than 1 in 2 U.S. black women have obesity. This excess weight increases the risk for diabetes, kidney disease, heart disease, and other serious health problems. To help address obesity, the National Institute of Diabetes and Digestive and Kidney Diseases has updated its [Sisters Together: Move More, Eat Better Program Guide \(PDF\)](#). Sisters Together is a national health awareness program that encourages black women ages 18 and older to reach and maintain a healthy weight by being more physically active and making healthier food choices.
- **Healthy Meeting Toolkit**
The National Alliance for Nutrition and Activity (NANA) is asking organizations to sign a pledge to have healthy meetings, conferences, and events. To assist organizations, NANA has developed a [Healthy Meeting Toolkit](#).
- **Interactive Chronic Absence Data Map**
[An interactive map](#) from The Hamilton Project at the Brookings Institution allows anyone - from parents/guardians to policymakers - to explore the scale of the chronic absence problem documented in the 2015-16 school year data at multiple levels. Hover, zoom in and out, and click around to investigate differences in chronic absence across states, between districts and between schools in a district. Select student characteristics to see rates of chronic absence among different kinds of students. Clicking school characteristics allows you to see rates of chronic absence by grade span and location.
- **The Virtual Healthy School**
The [CDC Virtual Healthy School](#) shows you how components of the Whole School, Whole Community, Whole Child (WSCC) model can be integrated into your school. Investigate this interactive website to learn more about the WSCC model, tools and resources to help improve

school health, and download content. Be sure to check out the 'Nurse's Office' - one of several school rooms you can click on.

- **Is your non-profit able to receive donations through Washington's Combined Fund Drive?**
The Combined Fund Drive (CFD) is Washington State's workplace giving program for active and retired public employees. State and higher education employees are invited to give to the charity of their choice through payroll contribution and agency fundraising events. For more than 30 years, Washington State has proven to be one of the most giving states in the nation, the third most giving, in fact, even though WA is 13th in population. Each year, over 15,000 active and retired public employees pledge more than \$5 million to over 1,700 local, national and global charities. In order to qualify to be a part of the CFD, our charities must be a registered 501(c)3 or 170(c)1 with the Internal Revenue Service, and must also have an updated registration with the Office of the Secretary of State.
The Combined Fund Drive does not endorse or condone the actions of any individual member organization. The program merely acts as a connection between the donor and his/her charity of choice. [For more information on becoming a CFD charity](#), visit the Combined Fund Drive website at <https://www.cfd.wa.gov/>, and click on "Charities" in the top right corner of the home page.

Educational Opportunities

- **Webinar Series: Going Back to the Basics of Diabetes Self-Management Training**
Dates: October 11, November 8, and December 13
Registration: <https://qioprogram.org/qin-qio-public-sharing-calls-3-part-series>
New webinar series hosted by our National Coordinating Center for the Quality Innovation Networks – Quality Improvement Organizations (QIN-QIO).
Part 1: The Basic Business Strategies for Building a Successful DSMT Program
Part 2: The Basics for Achieving Medicare Reimbursement for DSMT
Part 3: The Basics of Implementing a Successful Continuous Quality Improvement Plan for a DSMT Program
- **Webinar: Innovative Funding Approaches to Promote Health Equity**
Date: Wednesday, October 3, 2018
Time: 10:00 AM – 11:30 AM PST
Registration: Click [here](#) to register
This is the second installment of Trust for America's Health's 4-part web forum series: Taking Action to Promote Health Equity—Using the Lessons from Cutting-Edge Practices to Improve Health and Well Being. Public health organizations are often frustrated by the lack of specialized funding to promote equity. Categorical funding by disease may restrict the types of interventions needed to tackle the complex causes of health disparities. Please join us for this Dialogue4Health web forum, which will feature place-based initiatives that are leveraging diverse funding, assets, and commitments of multiple sectors in meaningful ways to advance health equity. Included in the session will be information on the successful Health Equity Zones in Rhode Island, which has managed the seemingly impossible task of converting categorical funding into community-driven equity work.

- **Chronic Disease Self-Management Program Training Opportunity for Cascade Pacific Action Alliance Region**

Date: Respond to [survey](#) by October 5

Contact: Alexandra Toney, ToneyA@crhn.org

CHOICE may have funds available for the Chronic Disease Self-Management Program, one of the evidence-based interventions of the Medicaid Transformation Project. This funding opportunity could provide the following for the 2018 calendar year:

- Reimbursement for licensing for a \$1,500 license for up to 60 workshops and three leader trainings
- Organization of and funding for two leader trainer trainings for our region. Each training would include both Chronic Disease Self-Management Program and Diabetes Self-Management Program.
 - Chronic Disease Self-Management Education (CDSME): This workshop is offered for two and a half hours, once a week, for six weeks, in community settings for easy access by participants such as senior centers, churches, libraries, and hospitals. People with different chronic health problems attend CDSME together. Workshops are facilitated by two trained leaders, one or both of whom are non-health professionals with a chronic disease themselves.
 - Diabetes Self-Management Program (DSMP): This workshop is given two and a half hours, once a week, for six weeks, in community settings for easy access by participants such as senior centers, churches, libraries, and hospitals. People with diabetes and related health problems attend together. Workshops are facilitated by two trained leaders, one or both of whom are non-health professionals with diabetes themselves.

We may have the ability to receive additional funding in year 2019 and 2020 to cover cost of workshops delivery and other associated costs. If we receive this funding, it will be a fast turnaround. Please complete the survey monkey (<https://www.surveymonkey.com/r/M6CMGTN>) as soon as possible so that we can facilitate this opportunity for the region.

- **AADE DPP Lifestyle Coach Training**

Date: October 17-November 7, 2018

Register [here](#)

Acquire the necessary skills to deliver a successful National Diabetes Prevention Program (DPP) at your site in this five-week online version of the popular Lifestyle Coach training. Limited spots remain.

- **AADE 2019 Call for Presenters**

Deadline: October 22, 2018

Conference Date: August 9-12, 2019

The American Association of Diabetes Educators (AADE) Annual Conference Planning Committee invites you to [submit a proposal](#) to be considered for presentation in Houston. The Annual Conference is the premier educational and networking event for diabetes educators. This is an exceptional opportunity to be a part of innovation in the world of diabetes and healthcare. More than 3,700 diabetes educators and other healthcare professionals are expected to gather at AADE19 in Houston, TX Friday, August 9– Monday, August 12, 2019. Connect, collaborate, and educate yourself and others on the latest in diabetes education.

- **Cardiovascular Disease and Type 2 Diabetes: Defining the Therapeutic Crossroads**

Date: October 17, 2018

Time: 1:00 PM EST

Register [here](#)

In this free webinar, Narinder Bhalla, MD, FACC, FSCAI and Curtis Triplitt, PharmD, CDE will focus on the intersection of cardiovascular disease (CVD) and diabetes. They'll also discuss the epidemiology of various cardiovascular comorbidities and the new paradigm in treating people with diabetes, with the type of CVD as a pivot point in treatment choices.

Funding Opportunities

- **RWJF: Healthy Eating Research Special Solicitation on Beverage Consumption in Early Childhood**

Closing Date: October 3, 2018

Estimated Award: \$300,000

The Robert Wood Johnson Foundation (RWJF) has released a special call for proposals, through its national program Healthy Eating Research, focused on research to decrease consumption of sugary drinks and increase access to and consumption of safe water for 0-5 year olds in the U.S. Each grant will award up to \$300,000 for up to 24 months. Projects must be able to inform the development of policy and environmental strategies and must have a clear impact on 0-5 year olds. Concept papers are due October 3, 2018 by 3:00 p.m. ET. Visit [RWJF's website](#) to learn more.

- **The Colorado Health Foundation – Out of School Time Physical Activity**

Closing Date: October 15

[This funding opportunity](#) will support organizations to provide quality, structured physical activity in out-of-school time settings (including before school, after school and summer programs) to children and youth ages 4 to 18 through safe and affordable programs. We will consider proposals for up to two years of funding. Proposed projects must reflect the [Foundation's cornerstones](#). These outline who we serve, how our work is informed and our intent to create [health equity](#).

- **Nike Community Impact Fund**

Closing Date: December 1

Eligibility: Grant applications are accepted from nonprofits and schools in the Portland, Oregon metro area, specifically Multnomah, Clackamas, Washington, Yamhill, Columbia, and Clark Counties.

[The Nike Community Impact Fund \(NCIF\)](#) supports grassroots organizations (nonprofits, community centers and local schools) to get kids moving, bringing the benefits of sport to their communities, giving kids an opportunity to fall in love with sport and physical activity, and creating stronger communities where play, sport and physical activity are a highly-valued part of everyday life. NCIF is an innovative approach to grant-making that engages a committee of Nike employees to advise where grants are awarded where they live and work.

- **SHAPE America – The Tommy Wilson Memorial Grant**

Closing Date: December 1

Estimated Award: \$500-\$1,500

Eligibility: The program must provide a specific direct service to individuals with disabilities.; The program must focus on recreational pursuits for individuals with disabilities.; The applicant must have a successful record of programming for individuals with disabilities.; The applicant must be a nonprofit organization.; Funds must go directly to supporting individuals with disabilities in recreational activities (e.g., equipment, housing, registration fees, facilities).; Grants may not be used to cover administrative costs.

Dr. George T. Wilson and his wife, Irene, established the [Tommy Wilson Memorial Award](#) in honor of their youngest son, Tommy, who was born with cerebral palsy and passed away in 1974 at the age of 16. Because of Tommy, Dr. Wilson became involved in recreation for developmentally disabled individuals. Dr. Wilson is remembered as a great leader and inspiration in the field of leisure and recreation.

- **Northwest Center for Public Health Practice**

Closing Date: Applications open any time during fall or winter 2018-19 quarters

Estimated Award: \$3,500

The Northwest Public Health Training Center at NWCPHP is [accepting applications](#) to support health professions students completing field placements and collaborative projects in Washington, Alaska, Idaho, and Oregon. Twenty students will be funded up to \$3,500 each during the 2018–19 school year. Funds will be distributed directly to students and are intended to help them defray living expenses during their hands-on training experience. Stipends are available for undergraduate juniors and seniors, graduate, and doctoral students enrolled public health, psychology, sociology, and social work degree programs. Undergraduate applicants must include a letter of support from a faculty member. Students may apply for funding at any time during the fall or winter quarter of the 2018–19 school year. Proposals will be evaluated based on public health practice focus, attention to underserved areas and populations, and feasibility. Students are strongly encouraged to submit projects that address opioid misuse and improving mental and behavioral health

Job Opportunities

- **Trust for America’s Health – Senior Government Relations Manager**

TFAH is looking for a [Senior Government Relations \(GR\) Manager](#) to join the GR Team to support implementation of TFAH's legislative and regulatory priorities on public health and disease prevention with a focus on chronic disease and environmental health. This position will be responsible for developing policy recommendations to advance prevention; advocating for those recommendations to policymakers in the federal legislative and executive branches; and building on existing relationships and establishing new partnerships with key organizations working on these issues.

