

# Washington State Diabetes Prevention Program Action Plan: Increasing Coverage and Access by June 2018 Summary Document

## Uninsured/Underinsured

**Frame: What will it take to get coverage for all eligible adults who do not have adequate insurance coverage?**

<p><b>Long term Priority:</b> Make the DPP available to populations at the highest risk of developing type 2 diabetes who are unable to access the program through health insurance.</p>							
<p><b>Short term Priority 1:</b> Between July 2016 and June 2018, enroll ____ uninsured/underinsured people with prediabetes from priority populations into the National Diabetes Prevention Program.</p>							
<p><b>Baseline: 0                      Target: TBD                      Actual:</b></p>							
	Start date	End Date (1-2 years)	Key actions to achieve priorities (high level actions; not each step in the process. Start sentence with a VERB)	Metrics for measuring success of key actions	Resources available/needed	Lead organization (bold) Collaborating organizations	Progress Notes
<b>1</b>	9/01/2016	1/30/2017	<p>Identify list of organizations able to offer the DPP to uninsured/ underinsured populations in Washington</p> <ul style="list-style-type: none"> <li>• Needs Assessment</li> <li>• ID eligible population by working with organizations that serve the priority populations such as: FQHCs, Churches/faith based organizations, Department of Corrections, Housing authority, food banks, homeless shelters.</li> <li>• Cultural appropriateness</li> <li>• Location and availability of programs in the priority</li> </ul>	<ul style="list-style-type: none"> <li>• Patient Level data</li> <li>• DPP requirements</li> <li>• Assessment of existing orgs completed</li> <li>• # of FQHCs to look through patient panels</li> </ul>	<p><b>Available:</b></p> <ul style="list-style-type: none"> <li>• DPP Curriculum</li> <li>• WIN211</li> <li>• Communication materials (Sea Mar video, YMCA video, DOH communication tools)</li> <li>• ICHS- resources/ videos communication materials</li> <li>• Ad council videos</li> <li>• Access to radio communication (DOH, Sea Mar- Tuesday 9-10)</li> </ul>	<p><b>Center for Multi-Cultural health</b> Healthy Living Collaborative WSU WA DOH Empire health foundation? Sea Mar CHC Benton Franklin health district</p>	

			populations and communities.		<ul style="list-style-type: none"> <li>Participant needs assessment</li> </ul> <p><b>Needed:</b></p> <ul style="list-style-type: none"> <li>List of in-person assister organizations from Health Benefits Exchange</li> </ul>		
2	9/01/2016	1/30/2018	Create and implement a delivery system customized to the priority population, that ensures successful completion of the NDPP	<ul style="list-style-type: none"> <li># of CHWs that are trained</li> </ul>	<p><b>Needed:</b></p> <ul style="list-style-type: none"> <li>DPP Curriculum appendices tailored to priority populations – addressing their specific needs.</li> <li>Trained CHWs from priority populations</li> <li>Partnership tool kit</li> <li>Marketing plan</li> <li>Free passes for patients (transportation)</li> <li>Coordinator for accountability</li> <li>Spokesperson</li> </ul>		
3	9/01/2016	1/30/2017	Develop a mechanism by which funds are collected and distributed to support coverage of the NDPP for un/underinsured people with prediabetes.	<ul style="list-style-type: none"> <li>Potential mechanisms are presented to workgroup</li> <li>Evidence of decision</li> </ul>	TBD	<b>WA DOH</b> Healthy Living Collaborative WSU Empire health foundation? WA	

			<ul style="list-style-type: none"> <li>• Research options</li> <li>• Present options to workgroup</li> <li>• Workgroup determines option to move forward</li> <li>• Workgroup participates in implementation of option</li> </ul>	<p>identifying chosen option (meeting minutes)</p> <ul style="list-style-type: none"> <li>• Progress made toward implementation of funding mechanism</li> </ul>		FOH NE Portland area Indian health board	
4	1/30/2017	6/01/2018	<p>Develop/create marketing/communications plans that are tailored to specific potential funders.</p> <ul style="list-style-type: none"> <li>• Develop case for corporate/business initiations.</li> <li>• Develop business case to approach various businesses. Include ROI/Promotion.</li> <li>• Develop tailored messaging for specific audiences: Stories from the group. Personal stories from people who have gone through DPP</li> <li>• Assess existing resources that have already been created</li> </ul>	<ul style="list-style-type: none"> <li>• Marketing/communications plans completed and approved by workgroup</li> <li>• Marketing/communications plan implemented and tracked per plan's evaluation</li> <li>• By January 30, 2018, at least one new funding mechanism exists</li> </ul>	<ul style="list-style-type: none"> <li>• Existing resources if appropriate</li> </ul>	<p><b>Healthy Living Collaborative Benton Franklin Health district WA DOH</b></p> <p>Sea Mar CHC NW Portland area Indian health board Center for multi-cultural health? ADA WSU Empire Health Foundation</p>	
5	9/01/2016	6/01/2018	Develop an alliance of funders to fund the program for un/underinsured people with pre diabetes.	By June 1, 2018, at least 4 new funding streams are contributing to fund DPP for uninsured/	TBD	<p><b>Benton Franklin health district WA DOH</b></p>	

		<ul style="list-style-type: none"> <li>Alliance of funders such as: Employers, Community Benefit, Casinos, Individuals (paychecks, voter registration, taxes, driver's license/car registration and combined fund drive.)</li> </ul>	underinsured populations in Washington			
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**Barriers**

- Perceptions of this population
- Recognition program- DRRP standards (lack of flexibility in the requirements)
- Inability to lose weight/physical barriers to losing weight
- Language barrier /cultural insensitivity
- Access to healthy food
- Safe place to be active (i.e. sidewalks are not broken)
- Health literacy
- Lack of family, community support
- Competing priorities

**Who is missing/Additional stakeholders?**

- United Way
- Unions
- Attorneys (for legal services)
- CHWs
- Community leaders
- Un/under insured representatives
- Pharmaceutical companies
- Hospitals associations
- Foundations/Washington-based
- Local HRSA representative

**Bike rack**

- Transportation
- Child Care
- Large undocumented population
- Need additional funding
- Access
- LCP costs will be higher for this population to overcome multiple barriers
- Large homeless population
- Cost of the class- what is the cost of the class?
- WACMHC

## **Uninsured/Underinsured** – Pillar for WA State Diabetes Prevention Program Action Plan:

Increasing Coverage and Access by June 2018

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### **Pillar: Uninsured/Underinsured**

**Goal:** In Washington, the State Engagement Meeting and the development of this plan focuses on **providing coverage and payment for the National Diabetes Prevention Program to all eligible populations to prevent type 2 diabetes in Washington. This has been identified as the main gap to scaling and sustaining the DPP in Washington State.**

#### **Priorities:**

1. Make the DPP available to populations at the highest risk of developing type 2 diabetes who are unable to access the program through health insurance.
2. Between July 2016 and June 2018, enroll \_\_\_\_ uninsured/underinsured people with prediabetes from priority populations into the National Diabetes Prevention Program.
3. ???
4. ???

#### **Objectives:**





















1. By June 2018, establish a scholarship or fund to cover cost for DPP participation
2. By June 2018, establish at least four funders to sustain scholarship opportunity and access
3. ???

#### **Key Activities Include:**

- **Identifying eligible populations**
- **Cultural appropriateness; ensuring access and needed support for attendance**
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#### **Outcomes:**

- Funds/Scholarships available for **##** individuals to cover cost of DPP
- By June 1, 2018, have at least 4 new funding streams contributing to fund DPP
- ???
- ???

Uninsured/Underinsured					2016	
Key Actions To Do	September 2016	October 2016	November 2016	December 2016	Lead Organization/ Needs	
Identify a list of organizations able to offer DPP – location & availability				 <i>*complete by 1/30/17</i>	<ul style="list-style-type: none"> <li>• <b>CMCH</b></li> <li>• HLC</li> <li>• WSU</li> <li>• DOH</li> <li>• SeaMar</li> <li>• Benton-Franklin LHJ</li> </ul>	
Identify eligible population (work with organizations that serve the priority populations)				 <i>*complete by 1/30/17</i>	<ul style="list-style-type: none"> <li>• Faith-Based Organizations</li> <li>• Homeless Shelters</li> <li>• FQHCs</li> <li>• Churches</li> <li>• DOC</li> <li>• Housing Authority</li> <li>• Food Banks</li> </ul>	
<b>Conduct A Needs Assessment</b>						
Create and implement a delivery system that ensures successful completion of NDPP				 <i>*complete by 1/30/18</i>	<ul style="list-style-type: none"> <li>• Work with CHWs (# of CHWs doing this work)</li> <li>• Tailored DPP curriculum</li> </ul>	
<b>Funding:</b> *Scholarship/covered cost for program participation *Develop a mechanism by which funds are collected				 <i>*completed by 1/30/17</i>	<ul style="list-style-type: none"> <li>• <b>WSDOH</b></li> <li>• HLC</li> <li>• WSU</li> <li>• Empire Health</li> <li>• NW HIS Board</li> </ul>	
<b>Funding:</b> *Mechanism for distribution of funds to priority populations				 <i>*completed by 1/20/17</i>	<ul style="list-style-type: none"> <li>• <b>Research options/solutions</b></li> <li>• CFD</li> <li>• United Way</li> <li>• Tax Returns</li> <li>• Driver's license registration</li> </ul>	<i>*Discuss within workgroup</i>
<b>Create/Develop a marketing/communication plan</b> – tailored to specific funders  <i>*this supports sustainability from corporate/business support – they can offer/cover scholarships for participants</i>	<u>Goal: 1 new funder/funding mechanism by 1/30/18</u>			Starts: 1/30/17  Ends: 6/1/18	<ul style="list-style-type: none"> <li>• <b>HLC</b></li> <li>• <b>BF LHJ</b></li> <li>• <b>WSDOH</b></li> <li>• SeaMar</li> <li>• NW Portland IHB</li> </ul>	

				<ul style="list-style-type: none"> <li>• CMCH</li> <li>• ADA</li> <li>• WSU</li> <li>• Empire Health Foundation</li> </ul> <p>*Assess any existing resources</p> <p>*Develop a business case/ROI/develop messages for specific audience</p>
<p><b>Develop an alliance of funders</b></p> <ul style="list-style-type: none"> <li>• Employers</li> <li>• Community benefits/groups/organization</li> <li>• Casinos</li> <li>• Individuals</li> <li>• Other ideas???</li> </ul>				<p><i>*completed by 6/1/18</i></p> <p><b>*By 6/1/18 have at least 4 new funding streams contributing to this fund</b></p> <ul style="list-style-type: none"> <li>• Benton-Franklin Local Health Jurisdiction</li> <li>• WSDOH</li> </ul> <p>Ways to fund &amp; support the alliance:</p> <ul style="list-style-type: none"> <li>• Paychecks</li> <li>• Voter registration</li> <li>• Taxes</li> <li>• Driver's license</li> <li>• Car registration</li> <li>• CFD</li> </ul>

**Abbreviations:**

- CMCH** – Center for Multiculture Center of Health (Eudora)
- HLC** – Healthy Living Collaborative, a 1422 CDC grant subawardee (Caitlin)
- WSU** – Washington State University (Ka’imi)
- SeaMar** – Sea Mar Community Health Centers, FQHC (Edgar)
- BF-LHJ** – Benton-Franklin Local Health Jurisdiction (Lisa)
- NW Portland IHB** – North West Portland Indian Health Board (Kerri)
- ADA** – American Diabetes Association (Kelsey)
- Empire Health Foundation** – Jennifer
- DOH** – Washington State Department of Health (David, Adriana, Cheryl)

**Who else is needed to make this work successful?**

<ul style="list-style-type: none"> <li>• United Way</li> </ul>	<ul style="list-style-type: none"> <li>• Attorneys (legal services/for managing/supporting this type of fund)</li> </ul>	<ul style="list-style-type: none"> <li>• Local HRSA representative</li> </ul>	CMCH	Empire Health Foundation
<ul style="list-style-type: none"> <li>• Unions</li> </ul>	<ul style="list-style-type: none"> <li>• Community Leaders</li> </ul>	<ul style="list-style-type: none"> <li>• Pharmaceutical companies</li> </ul>	BF-LHJ	NW Portland IHB
<ul style="list-style-type: none"> <li>• Hospital Associations</li> </ul>	<ul style="list-style-type: none"> <li>• Foundations/WA-based</li> </ul>	<ul style="list-style-type: none"> <li>• ???</li> </ul>	HLC	???
<ul style="list-style-type: none"> <li>• CHWs</li> </ul>	<ul style="list-style-type: none"> <li>• Uninsured/Underinsured representative</li> </ul>	<ul style="list-style-type: none"> <li>• ???</li> </ul>	ADA	WSDOH

**What are our current barriers to supporting this work?**