

# Washington State Diabetes Prevention Program Action Plan: Increasing Coverage and Access by June 2018 Summary Document

## Medicare

### Frame: With coverage coming, what do we need to do to be ready?

**Long term Priority:** As of July 2016, Medicare does not cover DPP. In January 2018, coverage is expected to begin. Long-term, increase availability of DPP to Medicare enrollees and sustainability of DPP programs that serve Medicare enrollees.

**Short term Priority 1:** By June 2018, increase by 10 the number of counties/tribes with DPPs that are billing Medicare.

**Short term Priority 2:** Between January 1 and June 30 2018, at least 100 Medicare beneficiaries will enroll in a DPP program able to bill Medicare.

**Short term Priority 3:** Of Medicare beneficiaries enrolled between January 1 and February 28, 2018, 75% will have attended at least 9 sessions by June 30, 2016.

**Baseline:** 0 Medicare beneficiaries      **Target:** 100 Medicare beneficiaries      **Actual:**

	Start date	End Date (1-2 years)	Key actions to achieve priorities (high level actions; not each step in the process)	Metrics for measuring success of key actions	Resources available/needed	Lead organization (bold) Collaborating organizations	Progress Notes
1	7/16/2016 (start of comment period)	6/30/2018	Rule making process <ul style="list-style-type: none"> <li>Make key stakeholders aware of comment period</li> <li>Follow, read, comprehend and disseminate final rule for DPP coverage and billing</li> </ul>	<ul style="list-style-type: none"> <li>Implemented communication plan</li> <li>Final rules reviewed at DNLT meeting</li> </ul>	<ul style="list-style-type: none"> <li>Policy/rule expert on billing coding</li> </ul>	<b>WA DOH</b> DNLT Diabetes Advocacy Alliance	<i>7/16/2016 – posted about public comment period on the Diabetes Connection Host webinar on proposed Medicare rules prior to end of comment period (9/6/2016)</i> <i>Write Communication plan and have it approved by group of collaborating organizations (TBD)</i> <i>Identify which organization will provide or acquire billing/coding expertise (10/15/2016)</i> <i>Identify how DPP programs will access expertise of billing/coding expert (11/15/2016)</i> <i>Share information on final Medicare rule with DNLT and DPP providers wishing to bill Medicare at the next</i>

							available opportunity (TBD) When final rule is released, Follow, read, comprehend and disseminate final rule for DPP coverage and billing. Continue through <b>6/30/2018</b> .
2	8/31/2016	6/30/2018	Maintain a list of organizations that offer DPP programs using the following data sources: <ul style="list-style-type: none"> <li>• WHIN 211</li> <li>• 1422 Community Lead Organizations</li> <li>• NW Portland Area Indian Health Board</li> <li>• Diabetes Prevention Recognition Programs</li> </ul>	<ul style="list-style-type: none"> <li>• List updated quarterly</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Needed:</b> Workgroup to determine content and use of list</li> </ul>	WA DOH	<p>Work with DOH Epi/Eval staff to set parameters for list and create initial list <b>(8/31/2016)</b></p> <p>Have list approved by group of collaborating organizations <b>(10/15/2016)</b></p> <p>Test using list for communications <b>(11/15/2016)</b></p> <p>Maintain list (ongoing)</p>
3	11/15/2016	2/15/2017	Assess the needs and barriers of the above identified organizations to be able to bill Medicare for DPP programs	<ul style="list-style-type: none"> <li>• Assessment Results and Recommendations</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Needed:</b> Engage with State Universities Public Health programs to gain engage and recruit students in this work</li> </ul>	Qualis Health DSHS/ALTA/HCS WA DOH Idaho DOH 1422 CLOs WSU Extension	<p>Need list first <b>(11/15/2016)</b></p> <p>Engage State Universities with Public Health Programs to recruit students for this work <b>(8/31/2016)</b></p> <p>Work with group of collaborating organizations to determine assessment <b>(11/15/2016)</b></p> <p>Analyze assessment results and provide recommendations <b>(1/15/2017)</b></p>
4	2/15/2017	3/30/2017	Develop and implement a plan to address the needs identified in the assessment above	<ul style="list-style-type: none"> <li>• Implementation plan created</li> <li>• Plan is used to assist programs in their</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Needed:</b> Workgroup to look over plan</li> <li>• TBD</li> </ul>	WA DOH  1422 CLOs WSU Extension	<p>Based on assessment results and recommendations, develop implementation plan <b>(2/15/2017)</b></p>

				ability to bill to Medicare			<i>Group of collaborating organizations reviews and finalizes plan (3/1/2017) Implement plan (3/30/2017)</i>
5	9/30/2016	11/30/2016	Develop a data collection system to identify Medicare covered patients who are participating and are billing for a DPP program	<ul style="list-style-type: none"> <li>A data collection system is in place, and any reports available are shared with appropriate entities</li> </ul>	<ul style="list-style-type: none"> <li><b>Needed:</b> Qualis staff time</li> </ul>	Qualis Health DSHS/AL TSA/HCS WA DOH	<i>Gather information on how similar benefits are documented (such as DSME) (9/30/2016) Identify plan for data collection system (11/30/2016) Implement data collection system</i>
6	(11/30/2016)	6/30/2018	Fund 1 or 2 case studies of existing DPP programs to test and evaluate the process of billing to Medicare	<ul style="list-style-type: none"> <li>Completed case study report</li> </ul>	<p><b>Needed:</b></p> <ul style="list-style-type: none"> <li>Identify criteria for which programs will be chosen to study, the emphasis should be on community based organizations</li> <li>Funding source</li> <li>Assessment results (to create criteria)</li> <li>Organizations willing to participate in case study</li> <li>Availability of billing and coding consultant</li> </ul>	WA DOH NACDD Qualis 1422 CLOs	<i>Identify which organization will be responsible for case study, and whether to engage student(s) in process. (11/30/2016) Determine process to identify organizations that will test and evaluate process of billing Medicare to be followed for case study. (2/1/2017) Select 1 or 2 organizations that will test and evaluate process of billing Medicare to be followed for case study. (5/1/2017) Provide technical assistance and support to organizations that will test and evaluate process of billing Medicare to be followed for case study. (6/1/2017-6/30/2018)</i>
7	9/30/2016	6/30/2018	DOH, DSHS/AL TSA and Qualis will have a series of conversations about internal collaboration	<ul style="list-style-type: none"> <li>Identifying lead and roles for organizations</li> </ul>		WA DOH DSHS/AL TSA Qualis	<i>DNLT will identify how this work fits in with DNLT structure. (9/30/2016)</i>

			surrounding DPP programs accessing Medicare as a funding stream				<p><i>Reach out to additional stakeholders (see below) (9/30/2016)</i></p> <p><i>Group of collaborating organizations begin meeting (TBD)</i></p> <p><i>Regular meetings continue (TBD-June 2018)</i></p>
--	--	--	---	--	--	--	---

<p><b>Barriers</b></p> <p>None identified</p>
<p><b>Who is missing/Additional stakeholders?</b></p> <ul style="list-style-type: none"> <li>• AARP</li> <li>• Area Agencies on Aging</li> <li>• Region 10</li> <li>• SHIBA</li> <li>• Veterans Administration</li> <li>• Health Care Authority</li> <li>• Department Corrections</li> <li>• Senior Housing</li> <li>• Housing for people with disabilities</li> <li>• Prevention Alliance</li> </ul>
<p><b>Bike rack</b></p> <ul style="list-style-type: none"> <li>• How do we best message this plan to partners to get buy in? <ul style="list-style-type: none"> <li>○ Explanation of how we arrived at the priority that we did</li> <li>○ How we landed on the action steps that we did and understanding that there are other action steps that are needed</li> <li>○ Potential webinar (or two) to present plan</li> </ul> </li> <li>• Convening/thinking outside the state line <ul style="list-style-type: none"> <li>○ Regional meetings to collaborate</li> </ul> </li> <li>• Assessment should include cultural considerations and patient barriers to access</li> <li>• Department of Corrections ability to bill Medicare</li> <li>• Clarification: Medicare Part B is the outpatient portion and Medicare Part C is managed care portion</li> <li>• Engagement and relationship building with all payers is needed</li> <li>• Overarching: <ul style="list-style-type: none"> <li>○ Engage, educate and train healthcare providers to promote referrals</li> <li>○ Market program to public</li> <li>○ How will we reach Medicare or Medicaid disabled population including caregivers?</li> </ul> </li> </ul>

## **Medicare – Pillar for WA State Diabetes Prevention Program Action Plan:**

### **Increasing Coverage and Access by June 2018**

---

#### **Pillar: Medicare**

**Goal:** In Washington, the State Engagement Meeting and the development of this plan focuses on **providing coverage and payment for the National Diabetes Prevention Program to all eligible populations to prevent type 2 diabetes in Washington. This has been identified as the main gap to scaling and sustaining the DPP in Washington State.**

#### **Priorities:**

- As of July 2016, Medicare does not cover DPP. In January 2018, coverage is expected to begin. Long-term, increase availability of DPP to Medicare enrollees and sustainability of DPP programs that serve Medicare enrollees.
- Ensure that all eligible Medicare enrollees have opportunities to participate in DPP, regardless of geography, language, or cultural preferences, or educational background.
- Support both DPP providers and Medicare enrollees with prediabetes.

#### **Objectives:**













- By June 2018, increase by 10 the number of counties/tribes with DPPs that are billing Medicare.
- Between January 1 and June 30, 2018, at least 100 Medicare beneficiaries will enroll in a DPP program able to bill Medicare.
- Of Medicare beneficiaries enrolled between January 1 and February 28, 2018, 75% will have attended at least 9 sessions by June 30, 2016.









#### **Key Activities Include:**

- Acquiring expertise in how Medicare rules for DPP will work, including billing
- Understanding barriers that DPP providers may face in serving Medicare population, and assist in addressing barriers
- Share information with programs about how to successfully serve Medicare population with DPP
- Support DPP providers who serve Medicare are supported with awareness and referrals

#### **Outcomes:**

- Medicare enrollees will have access to DPP throughout Washington.
- Medicare enrollees in Washington will begin enrolling in DPP as soon as possible.
- DPP providers in Washington will be able to be financially compensated for their Medicare enrollees who are successful in DPP.
- Washington State will be a leader in the number of Medicare enrollees participating in DPP nationally.

<b>Medicare 2016</b>					
<b>Key Actions To Do</b>	July/ August/ September 2016	October 2016	November 2016	December 2016	<b>Lead Organization/ Needs</b>
<p><b>Rule making process</b></p> <ul style="list-style-type: none"> <li>• Make <u>key stakeholders aware of comment period</u></li> <li>• <u>Follow, read, comprehend and disseminate final rule for DPP coverage and billing</u></li> </ul> <p><i>* Implemented communication plan</i>  <i>* Final rules reviewed at DNLN meeting</i></p> <p><i>*Who are the key stakeholders?</i></p>	 <i>*hosting webinar on proposed Medicare rules (9/6/16)</i>	 <i>*Identify how DPP programs will provide or acquire billing/coding expertise (10/15/16)</i>	 <i>*Identify how DPP programs will access expertise of billing/coding expert (11/15/16)</i>	 <i>*complete by 6/30/18</i>	<ul style="list-style-type: none"> <li>• <b>WA DOH</b></li> <li>• DNLN</li> <li>• Diabetes Advocacy Alliance</li> </ul> <p><i>*Policy/rule expert on billing/coding needed</i></p> <p><i>*Share information on final Medicare rule with DNLN and DPP Providers wishing to bill Medicare at the next available opportunity (TBD) When final rule is released, Follow, read, comprehend and disseminate final rule for DPP coverage and billing. Continue through 6/30/2018.</i></p>
<p><b>Maintain a list of organizations that offer DPP programs</b> using the following data sources:</p> <ul style="list-style-type: none"> <li>• WIN211</li> <li>• 1422 Community Lead Organizations (CLOs)</li> <li>• NW Portland Area Indian Health Board (NWPiHB)</li> <li>• Diabetes Prevention Recognition Programs (DPRP)</li> </ul> <p><i>*Was the initial list updated 8/31/16?</i></p>	 <i>*List updated quarterly</i>	 <i>*created list of DPP providers approved by group of collaborating organizations (10/15/16)</i>	 <i>* Test using list for communications (11/15/2016)</i>	 <i>*complete by 6/30/18</i>	<ul style="list-style-type: none"> <li>• <b>WA DOH/ Epi/Eval staff</b></li> </ul> <p><i>* Maintain list (ongoing)</i>  <i>*Set parameters for list</i></p>
<p><b>Assess the needs and barriers of the above identified organizations to be able to bill Medicare for DPP programs</b></p>			 <i>*Need list first (11/15/16)</i>	 <i>*complete by 2/15/17</i>	<ul style="list-style-type: none"> <li>• <b>Qualis Health</b></li> <li>• DSHS/ALNTA/HCS</li> <li>• WA DOH</li> <li>• Idaho DOH</li> <li>• 1422 CLOs</li> <li>• WSU Extension</li> </ul>

<p><b>*Review <u>assessment results</u> and <u>recommendations</u></b></p>			<p><b>* Work with group of collaborating organizations to determine assessment (11/15/2016)</b></p>	<p><b>*Analyze assessment results and provide recommendations (1/15/17)</b></p>	<p><b>*Engage with State Universities Public Health programs to gain engage and recruit students in this work (8/31/16)-was this done?</b></p>
<p><b>Develop and implement a plan to address the <u>needs identified</u> in <u>the assessment above</u></b></p> <p><i>* Plan is used to assist programs in their ability to bill to Medicare</i></p>				 <p><b>*start 2/15/17</b></p> <p><b>*completed by 3/30/17</b></p>	<ul style="list-style-type: none"> <li>● <b>WA DOH</b></li> <li>● 1422 CLOs</li> <li>● WSU Extension</li> </ul> <p><i>* Based on assessment results and recommendations, <u>develop implementation plan (2/15/2017)</u></i></p> <p><i>* Group of collaborating organizations <u>reviews and finalizes plan (3/1/2017)</u></i></p> <p><i>*<u>Implement plan (3/30/2017)</u></i></p> <p><b>*Workgroup needed to look over plan</b></p>
<p><b>Develop a data collection system to identify Medicare covered patients who are participating and are <u>billing for a DPP program</u></b></p> <p><i>* A data collection system is in place, and any reports available are shared with appropriate entities.</i></p>	 <p><b>*By 9/30/16, Gather information on how <u>similar benefits</u> are documented (such as DSME)</b></p>		 <p><i>*Identify plan for data collection system</i></p>	 <p><b>*completed by 11/30/16</b></p> <p><b>*Implement data collection system</b></p>	<ul style="list-style-type: none"> <li>● <b>Qualis Health</b></li> <li>● DSHS/ALTA/H CS</li> <li>● WA DOH</li> </ul> <p><b>*Qualis staff time needed.</b></p>
<p><b>Fund 1 or 2 case studies of existing DPP programs to <u>test</u> and <u>evaluate</u> the <u>process of billing to Medicare</u></b></p> <p><b>*complete case study report</b></p>	<p><b>Needs:</b></p> <ul style="list-style-type: none"> <li>● <b>Identify</b> criteria for which programs will be <b>chosen</b> to study, the <u>emphasis</u> should be on <u>community based organizations</u></li> <li>● <b>Funding sources</b></li> </ul>			<p><b>Starts:</b> 11/30/16</p> <p><b>Ends:</b> 6/30/18</p>	<ul style="list-style-type: none"> <li>● <b>WA DOH</b></li> <li>● <b>NACDD</b></li> <li>● <b>Qualis</b></li> <li>● 1422 CLOs</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Assessment results</b> (to create criteria)</li> <li>• <b>Organizations</b> willing to participate in case study</li> <li>• <b>Availability of billing and coding consultant</b></li> </ul>		<p>* <b>Identify</b> which organization will be responsible for case study, and whether to engage student(s) in process. <b>(11/30/2016)</b></p> <p>* Determine process to identify organizations that will test and evaluate process of billing Medicare to be followed for case study. <b>(2/1/2017)</b></p> <p>* Select 1 or 2 organizations that will test and evaluate process of billing Medicare to be followed for case study. <b>(5/1/2017)</b></p> <p>* Provide technical assistance and support to organizations that will test and evaluate process of billing Medicare to be followed for case study. <b>(6/1/2017-6/30/2018)</b></p>	
<p><b>DOH, DSHS/AL TSA and Qualis</b> will have a series of conversations about <b>internal collaboration</b> surrounding <b>DPP programs accessing Medicare</b> <u>as a funding stream</u></p> <p><b>*Identifying lead and roles for organizations</b></p>			<p><b>*completed by 6/30/18</b></p>	<ul style="list-style-type: none"> <li>• <b>WA DOH</b></li> <li>• <b>DSHS/AL TSA</b></li> <li>• <b>Qualis</b></li> </ul> <p>*DNL T will identify how this work fits in with DNL T structure. <b>(9/30/2016)</b></p> <p>*Reach out to additional stakeholders (see below) <b>(9/30/2016)</b></p> <p>*Group of collaborating organizations begin meeting <b>(TBD)</b></p> <ul style="list-style-type: none"> <li>• Regular meetings continue <b>(TBD- June 2018)</b></li> </ul>

**Abbreviations:**

**Qualis Health** – (Lisa)

**DSHS/AL TSA** – Department of Social and Health Services/Aging and Long-Term Support Administration (Todd/Dawn)

**WSU Extension** – Washington State University Extension

**1422 CLOs** – CDC grant funded sub-awardees, 1422 Community Lead Organizations

**DAA** – Diabetes Advocacy Alliance

**DNL T** – Diabetes Network Leadership Team

**Idaho DOH** – Idaho State Department of Health (Nicole/Ashley)



**Who else is needed to make this work successful?/ What are our current barriers to supporting this work?**

AARP	Area Agencies on Aging	Region 10	DSHS/ ALTSA	Qualis Health
HCA	Veterans Administration	SHIBA	DNLT	WSU Extension
Prevention Alliance	Housing for People with Disabilities	???	HLC	WA DOH
DOC	Senior Housing	???	DAA	???