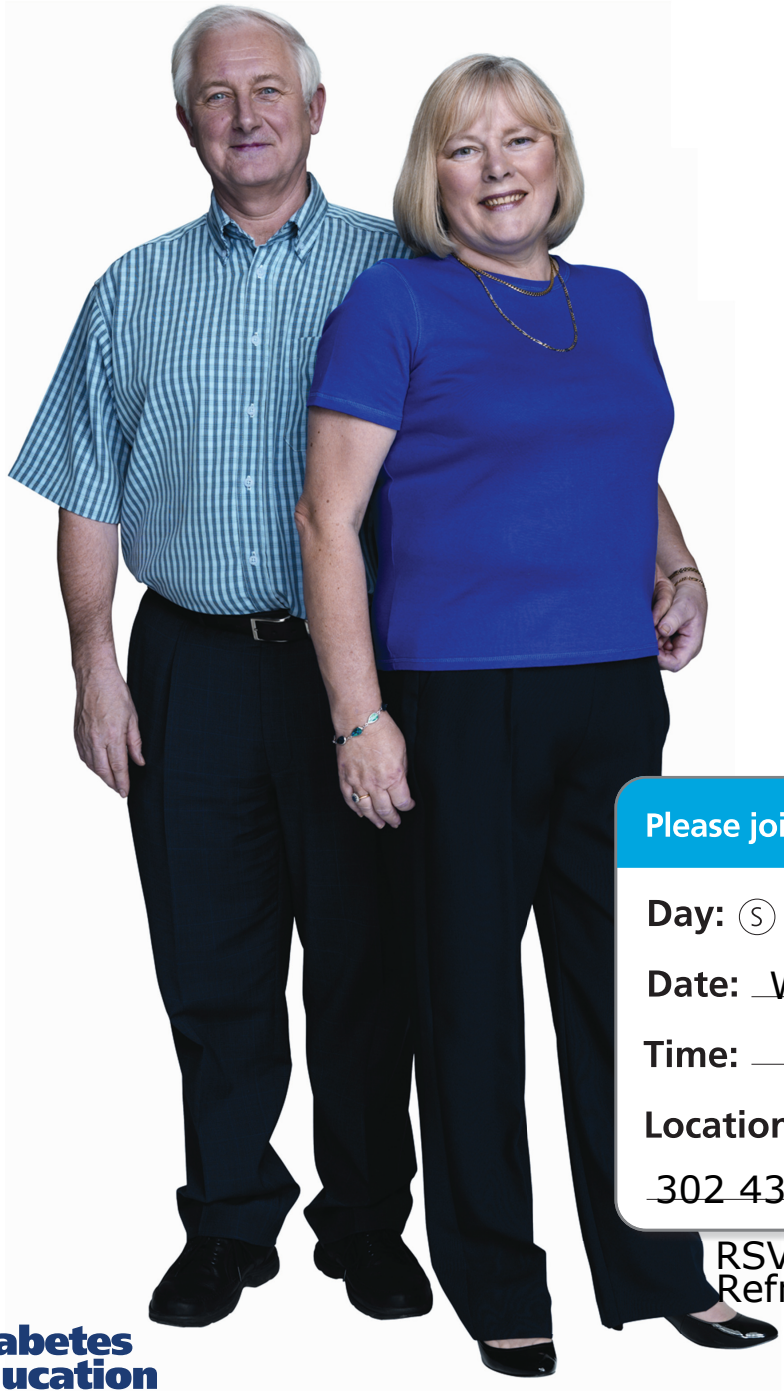
Diabetes Academy

is Now in Session



Diabetes Academy is a free class given by a Novo Nordisk Diabetes Educator to help you learn about managing diabetes.

Curriculum includes:

Diabetes Management

- **Diabetes 101** – covers basic diabetes information and terminology
- **Staying Healthy –** provides convenient tips for eating healthy and staying active

Novo Nordisk Diabetes Products

- **Diabetes Medication –** reviews the basics about insulin and GLP-1 agonists and demonstrates how to use Novo Nordisk devices

We look forward to seeing you!

Please join our next class...

Day: S M T W T F S

Date: Wednesday, November 9

Time: 10:00am - 11:30 am am/pm

Location: Mel Korum Family YMCA

302 43rd Ave SE, Puyallup, WA

RSVP: Susan Bell, 253-460-8912
Refreshments will be provided

the Diabetes Education Program

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