Diabetes Network Leadership Team July 21, 2009 Meeting

Notes

<u>Current Members Present</u>: Shirley Broughton, Kenn Daratha, Sue Butkus, Elaine Engle, Zena Kinne, Helan Lee, Chris Pelto, Deb Stokesberry, Mary Zornes

DOH Staff: Laura Pennington, Julie Thompson, Marcelle Thurston

<u>Introductions/membership/announcements</u>:

- The team celebrated Elaine Engle, as she is retiring in October and this
 was her last official LT meeting. Elaine has been instrumental in the
 development of the leadership team, as well as the statewide network and
 state plan. She will truly be missed!
- Vazaskia Caldwell will replace Shirley Munkberg, as a representative for DSHS.
- Julie Thompson replaced Keith Zang, as a representative of the DOH Tobacco Prevention and Control Program
- Jennifer Polello, of the Eastern Washington Diabetes Network, and Inland NW Health Services has agreed to take Elaine's place when she departs.

Ways to engage Network members: Laura

- Laura asked the team for volunteers for a review committee to review
 news articles submitted for the Connection. The members would receive
 emails from Laura, with links to the proposed article, study, etc. and asked
 to provide feedback regarding whether or not it is a good fit for the
 Connection. Kenn, Deb, and Mary offered to be on this committee, as well
 as a new research staff person at WSU that Kenn recommended. Marcelle
 also suggested that Jeanne Harmon participate as well.
- Laura conducted the first online training session members of the network using Ilinc technology, which was very well received. She asked the team for topic ideas. Some of the requests put forth after the coalition bldg. training and Ilinc session were evaluation, prevention strategies/best practices, and advocacy. Please submit any other topic ideas to Laura.
- Laura suggested that we put a recruitment announcement on the Connection to recruit members of the network to participate on committees. She will send each committee lead a brief description and leads will then provide further details, such as meeting times, etc.

Annual Meeting Debrief – Marcelle

Marcelle went over the evaluation feedback from the May meeting. The comments are as follows:

- Need to provide more time for networking
- Spend more time after each presentation for discussion
- Revisit next spring-different ways to engage members
- May annual meeting as part of JCH next year if this year is a success
- Blue sheet feedback
 - Network people have been signed up
 - Will give name of LT interest person to Elaine
 - Will send out 6 interested in coalitions to leads

<u>Translate Breakout sessions</u> – Kenn

Kenn led the team through the findings from the breakout sessions. The group then identified at least two priorities under each category.

- Identifying LT priorities based on the feedback from the breakout participants for the purpose of branding and developing what the network is to make sure that when we tell people what the network is we are all on the same page.
- Weave disparities within each position statement. Disparate population = high risk
- LT makes priority/position statements for each stock:
 - Healthy Youth
 - 1. To improve the dietary quality of youth in the state.
 - a. Decrease calorically sweetened beverages
 - b. Increase breakfast frequency
 - 2. To increase physical activity in youth in the state
 - Healthy Adults
 - Increase opportunities and access for adult physical activity
 - 2. Implement social marketing strategies to support healthy lifestyle
 - Detection (pre-diabetes, diabetes, complications)
 - Increase awareness of importance and benefits of screening
 - Enhance linkages to community-based interventions and services
 - Pre-diabetes
 - Increase public awareness of risk factors for diabetes and awareness of and ability to return to normal glycemic levels
 - 2. Increase access to resources for prevention of diabetes
 - Diabetes
 - Improve and enhance access to primary care for those with diabetes
 - 2. Improve and enhance self-management skills

- Next steps: We will draft position statement and send out by email.
- Send email to participants of annual meeting to share position statements with them.

<u>Lunch discussion</u>: Sharing Network Priorities at the Chronic Disease Summit:

- Need common message for presentations: Marcelle will draft up intro slide language and send out to LT.
- Display table containing info about network, LT, and Connection. Marcelle will send out schedule to man table.

Committee report outs:

Membership committee: Elaine

- Discussed bringing new people in October
- Discussed replacing Mark Johnson with Ted Duncan Marcelle to follow up with Mark. Elaine will talk to Ted.
- Keep communication templates available
- Consider bringing in a media/marketing rep
- Workplan will be edited, adding in the personal contact piece for contacting new members
- Will not be pursuing a new chair at this time
- No new recruitment at this time, just tighten up group we have
- Mary to check with contact in Kitsap county
- Email to members from Helan prior to Oct. meeting reminding members of need to attend meetings, etc. and welcome to new members.
- Transfer this committee work to the Executive Committee until DOH works out integration details

Communication committee: Zena

- Zena sent out email to determine interest. 3 current members responded they would be interested in continuing. Zena, Helan, Chris, Laura, Ted, Vasakia, Nadine.
- Will hold off right now until we can send out recruitment announcement

Evaluation committee: Sue

- Sue will convene monthly meetings with committee members to reenergize work – Kenn, Shirley, Mary, Deb, Blishda, Jen and Lisa.
- Work plan needs timeline.

<u>Committee expectations</u>: Helan reviewed the expectations of committees including:

- -Frequent and scheduled calls with committee members
- -Recruitment and retention of each committee. Leads are to bring concerns to the LT
- -Consider a chair, past chair and future chair for congruency

Next Meeting: Scheduled for October 20, 2009, but Marcelle will send out email to see if team would prefer to meet in Yakima instead.